## **Affirmations to Start Your Day**

YOU SAY "It's impossible." "I'm too tired." "Nobody really loves me." "I can't go on." "I can't figure things out." "I can't do it." "I'm not able." "It's not worth it." "I can't forgive myself." "I can't manage." "I'm afraid." "I'm always worried and frustrated." "I don't have enough faith." "I'm not smart enough." "I feel all alone."

## GOD SAYS

All things are possible. Luke 18:27 I will give you rest. Mtt.11:28-30 I love you. John 3:16, John 3:34 My grace is sufficient.2Cor.12:9,Ps.91:15 I will direct your steps. Pro.3:5-6 You can do all things. Phil.4:13 I am able. 2 Cor.9:8 It will be worth it. Romans 8:28 I forgive you. 1Jn 1:9, Rom.8:1 I will supply all your needs. Phil.4:19 I do not give you a spirit of fear2Tim.1:17 Cast all your cares upon ME. 1Pet.5:7 I've given you a measure of faith. om.12:3 I give you wisdom. 1Cor.1:30 I will never leave you or forsake you Heb13:5

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